



Work Together, Learn Together, Grow Together

At Langdale Primary School, we are committed to providing our children with a curriculum that has a clear intention and impacts positively upon their needs.

Curriculum Intent Statement for PSHE

PSHE is a non-statutory subject, RSHE (Relationship, Sex and Health Education) is a statutory subject, which we deliver the content required for good personal development in a child. Through PSHE/RSHE, we teach the following:

SMSC (Spiritual, Moral, Social and Cultural)

BV (British Values)

Safeguarding

Online safety

INTENT

Our school values underpin all of the PSHE/RSHE teaching and learning. Through our JIGSAW programme we aim to embed our values through the teaching of responsibility, respect, equal opportunities and understanding.

The aim of our curriculum is to ensure our children learn to:

Take **Responsibility** for themselves as a British citizen, a local citizen and a Langdale ambassador. Promoting and developing personal safety, healthy relationships, well-being, interests and confidence, within a secure, nurturing environment.

Have **Respect** for their themselves and others, exploring alternative viewpoints whilst understanding cultural and physical diversity.

Embrace **Equal Opportunities** available to them and understand it is for all people, regardless of race, gender, sexual preference, disability, religious beliefs.

Have **Understanding** of how all of these elements lead to a well-rounded child, who makes good decisions; is actively contributing to the community they serve; develops their own character and has a clear understanding of the pathway their life is taking whilst appreciating and respecting the life choices of others.

The Intent is then delivered through the following units in the JIGSAW programme of study.

IMPLEMENTATION

Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing me
<p>In the foundation stage children will learn about: Self-identity Understanding feelings Being in a classroom Being gentle Rights and responsibilities</p> <p>In year 1 children will learn about: Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud Consequences Owning the Learning Charter</p> <p>In year 2 children will learn about: Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment Valuing contributions Choices Recognising feelings</p>	<p>In the foundation stage children will learn about: Identifying talents Being special Families Where we live Making friends Standing up for yourself</p> <p>In year 1 children will learn about: Similarities and differences Understanding bullying and knowing how to deal with it Making new friends Celebrating the differences in everyone</p> <p>In year 2 children will learn about: Assumptions and stereotypes about gender Understanding bullying Standing up for self and others Making new friends Celebrating difference and remaining friends</p>	<p>In the foundation stage children will learn about: Challenges Perseverance Goal-setting Overcoming obstacles Seeking help Jobs Achieving goals</p> <p>In year 1 children will learn about: Setting goals Identifying successes and achievements Learning styles Working well and celebrating achievement with a partner Tackling new challenges Identifying and overcoming obstacles Feelings of success</p> <p>In year 2 children will learn about: Achieving realistic goals Perseverance Learning strengths Learning with others Group co-operation Contributing to and sharing success</p>	<p>In the foundation stage children will learn about: Exercising bodies Physical activity Healthy food Sleep Keeping clean Safety</p> <p>In year 1 children will learn about: Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Medicine safety/safety with household items Road safety Linking health and happiness</p> <p>In year 2 children will learn about: Motivation Healthier choices Relaxation Healthy eating and nutrition Healthier snacks and sharing food</p>	<p>In the foundation stage children will learn about: Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend</p> <p>In year 1 children will learn about: Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualities as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships</p> <p>In year 2 children will learn about: Different types of family Physical contact boundaries Friendship and conflict Secrets Trust and appreciation Expressing appreciation for special relationships</p>	<p>In the foundation stage children will learn about: Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations</p> <p>In year 1 children will learn about: Life cycles - animal and human Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Linking growing and learning Coping with change Transition</p> <p>In year 2 children will learn about: Life cycles in nature Growing from young to old Increasing independence Differences in female and male bodies Assertiveness Preparing for transition</p>

	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing me
IMPLEMENTATION	<p>In year 3 children will learn about: Setting personal goals Self-identity and worth Positivity in challenges Rules, rights and responsibilities Rewards and consequences Responsible choices Seeing things from others' Perspectives</p> <p>In year 4 children will learn about: Being part of a class team Being a school citizen Rights, responsibilities and democracy (school council) Rewards and consequences Group decision-making Having a voice What motivates behaviour</p> <p>In year 5 children will learn about: Planning the forthcoming year Being a citizen Rights and responsibilities Rewards and consequences How behaviour affects groups Democracy, having a voice, Participating</p> <p>In year 6 children will learn about: Identifying goals for the year Global citizenship Children's universal rights Feeling welcome and valued Choices, consequences and rewards Group dynamics Democracy, having a voice Anti-social behaviour Role-modelling</p>	<p>In year 3 children will learn about: Families and their differences Family conflict and how to manage it (child-centred) Witnessing bullying and how to solve it Recognising how words can be hurtful Giving and receiving Compliments</p> <p>In year 4 children will learn about: Challenging assumptions Judging by appearance Accepting self and others Understanding influences Understanding bullying Problem-solving Identifying how special and unique everyone is First impressions</p> <p>In year 5 children will learn about: Cultural differences and how they can cause conflict Racism Rumours and name-calling Types of bullying Material wealth and happiness Enjoying and respecting other cultures</p> <p>In year 6 children will learn about: Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion/exclusion Differences as conflict, difference as celebration Empathy</p>	<p>In year 3 children will learn about: Difficult challenges and achieving success Dreams and ambitions New challenges Motivation and enthusiasm Recognising and trying to overcome obstacles Evaluating learning processes Managing feelings Simple budgeting</p> <p>In year 4 children will learn about: Hopes and dreams Overcoming disappointment Creating new, realistic dreams Achieving goals Working in a group Celebrating contributions Resilience Positive attitudes</p> <p>In year 5 children will learn about: Future dreams The importance of money Jobs and careers Dream job and how to get there Goals in different cultures Supporting others (charity) Motivation</p> <p>In year 6 children will learn about: Personal learning goals, in and out of school Success criteria Emotions in success Making a difference in the world Motivation Recognising achievements Compliments</p>	<p>In year 3 children will learn about: Exercise Fitness challenges Food labelling and healthy swaps Attitudes towards drugs Keeping safe and why it's important online and off line scenarios Respect for myself and others Healthy and safe choices</p> <p>In year 4 children will learn about: Healthier friendships Group dynamics Smoking Alcohol Assertiveness Peer pressure Celebrating inner strength</p> <p>In year 5 children will learn about: Smoking, including vaping Alcohol Alcohol and anti-social behaviour Emergency aid Body image Relationships with food Healthy choices Motivation and behaviour</p> <p>In year 6 children will learn about: Taking personal responsibility How substances affect the body Exploitation, including 'county lines' and gang culture Emotional and mental health Managing stress</p>	<p>In year 3 children will learn about: Family roles and responsibilities Friendship and negotiation Keeping safe online and who to go to for help Being a global citizen Being aware of how my choices affect others Awareness of how other children have different lives Expressing appreciation for family and friends</p> <p>In year 4 children will learn about: Jealousy Love and loss Memories of loved ones Getting on and Falling Out Girlfriends and boyfriends Showing appreciation to people and Animals</p> <p>In year 5 children will learn about: Self-recognition and self-worth Building self-esteem Safer online communities Rights and responsibilities online Online gaming and gambling Reducing screen time Dangers of online grooming SMARRT internet safety rules</p> <p>In year 6 children will learn about: Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety Take responsibility with technology use</p>	<p>In year 3 children will learn about: How babies grow Understanding a baby's needs Outside body changes Inside body changes Family stereotypes Challenging my ideas Preparing for transition</p> <p>In year 4 children will learn about: Being unique Having a baby Girls and puberty Confidence in change Accepting change Preparing for transition Environmental change</p> <p>In year 5 children will learn about: Self- and body image Influence of online and media on body image Puberty for girls Puberty for boys Conception (including IVF) Growing responsibility Coping with change Preparing for transition</p> <p>In year 6 children will learn about: Self-image Body image Puberty and feelings Conception to birth Reflections about change Physical attraction Respect and consent Boyfriends/girlfriends Sexting Transition</p>

IMPACT

They will be happy and Healthy, Safe and Secure, Independent and Resilient, Inspired to Achieve.

Our children will be able to articulate how British Values is important to them and the society we live in.

They will have the skills to keep themselves safe online.