

Langdale Primary

NEWSLETTER



30th January 2023

Come As You Are, Leave As A Champion

Mrs Cartwright's Message

Mrs Nadin took the assembly this week. It focused on 'kindness' and the importance of being kind to each other and ourselves. She talked about 'random acts of kindness' and each class has been set a challenge to complete as many random acts of kindness at home and at school as they can. This leads nicely into Children's Mental Health week which starts on Monday. This year's theme is 'Let's connect' and we will be encouraging adults and children to make meaningful connections during our 'Time to Talk' cafes next week. I hope to see you all there.

well done!

CHAMPION

We would love to hear about your child's champion moments at home. Please send them to office@langdale.staffs.sch.uk

Our Year 6's attended the Young Voices Concert in Birmingham. They were extremely well behaved, sang beautifully and had a fabulous time. Well Done Champs!

Time To Talk Cafe

We would love to see as many of our parents as possible attend our Time To Talk Cafe. Entrance via the main school reception at 9:15am. No need to book.

TIME TO TALK CAFE

- Y1 & Y2 - MONDAY 6TH FEB
- Y3 - TUESDAY 7TH FEB
- Y4 - WEDNESDAY 8TH FEB
- Y5 - THURSDAY 9TH FEB
- Y6 - FRIDAY 10TH FEB

A DRINK,
A BISCUIT
&
A CHAT

Important Dates

- 6th Feb - Children's Mental Health Week/Time To Talk - please see Arbor for details on how you can join in.
- 13th & 15th Feb - Parents Evenings. Please be reminded that booking is done through Arbor now.

Attendance

97%

Above our school target of 97% - Well done - let's keep going.

Attendance

We are noticing an increased number of children arriving to school late. Here are the children's start and finish times.
Nursery - 8:45am - 3:00pm
Reception - 8:45am - 3:10pm
KS1 - 8:55am - 3:15pm
KS2 - 8:50am - 3:20pm
If you are concerned about your child's attendance, please contact Jayne on 01782 948000 or jayne.allen@langdale.staffs.sch.uk

Things To Remember

- Please update your Arbor account with any new contact details - change of phone number or address. This can be done in the settings.
- Inform the school office of any absences or medical appointments

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Come As You Are, Leave As A Champion



- Coats
- Water bottle
- Healthy snacks
- Smiles



- Nuts
- Fizzy drinks or energy drinks
- Toys
- Frowns



Parking Problems

We have had several complaints from local residents regarding parking over people's driveways. Please do not do this - it reflects badly upon the school and does nothing to support our relationship with our local residents. Thank you to all of our parents who do park respectfully.



Parents Evening

Please book your slot via your child's Arbor account. If you have any issues booking please contact Mrs Fox in the school office

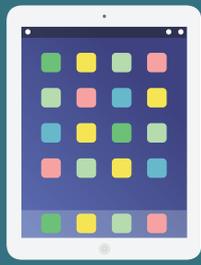
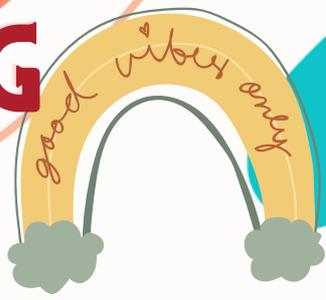


If your child is concerned, worried, anxious or is having problems, in the first instance, it is important to contact your child's class teacher.

The class teacher has the opportunity to reassure, adjust or consider anything that may support your child to feel better.



SAFEGUARDING UPDATE



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

Tips for Encouraging Open Discussions about DIGITAL LIVES

The online world is an entirely familiar and commonplace part of life for today's children and young people, far more so than for previous generations. There are many positives to children being able to access online materials, so it's important not to demonise the internet, games and apps, and limit the benefits of their positive aspects. At the same time, we do have a responsibility to educate children about the hazards they may encounter online (just as we would about real-world dangers) so it's essential that we don't shy away from talking to them about the complex - and often sensitive - subject of what they do and what they see when they're online.

Here are some suggestions for kicking off conversations with your child about their digital life ...

MAKE YOUR INTEREST CLEAR

Showing enthusiasm when you broach the subject signals to your child that you've keen to learn about the positives of their online world. Most children enjoy educating adults and will happily chat about what they use the internet for, or what games and apps they're into and how these work. Asking to see their favourite games and apps in action could help you spot any aspects that may need your attention - such as chat functions which might require a settings adjustment to limit contact with strangers. Keep listening even if your child pauses for a long time: they could be considering how to phrase something specific, or they may be gauging your reaction.

BE OPEN AND HONEST, APPROPRIATE TO THEIR AGE

At various stages, children and young people become curious about puberty and how their body changes; about relationships; about how babies are made; and about sexual health. If your child knows that they can discuss these sensitive subjects with you, they tend to be less likely to go looking online for answers - which can often provide them with misleading information and, in some cases, lead to them consuming harmful content. Don't worry if you don't immediately know the answers to their questions - just find out for yourself and go back to them once you have the facts.

REMINDE YOUR CHILD THEY CAN ALWAYS TALK TO YOU

In my role I work with many children and young people who admit being reluctant to tell a trusted adult about harmful content they've viewed online, in cases it leads to having their devices confiscated. Emphasise to your child that you're always there to listen and help; reassure them that if they do view harmful content, then they are not to blame - but talking about it openly will help. Children shouldn't be expected to be resilient against abuse or feel that it's their job to prevent it.

KEEP TALKING!

The most valuable advice we can give is to keep talking with your child about their digital lives. You could try using everyday situations to ask questions about their online experiences.

DISCUSS THAT NOT EVERYTHING WE SEE ONLINE IS REAL

Here, you could give examples from your own digital life of the online world versus reality - for example, those Instagram posts which show the perfect house; spotlessly clean, never messy and immaculately decorated. Explain to your child that there are many other aspects of the online world which are also deliberately presented in an unrealistic way for effect - such as someone's relationship, their body, having perfect skin and so on.

TRY TO REMAIN CALM

As much as possible, try to stay calm even if your child tells you about an online experience that makes you feel angry or fearful. Our immediate emotions frequently influence the way we talk, so it's possible that your initial reaction as a parent or carer could deter a child from speaking openly about what they've seen. Give yourself time to consider the right approach, and perhaps speak with other family members or school staff while you are considering your next steps.

CREATE A 'FAMILY AGREEMENT'

Involving your whole household in coming up with a family agreement about device use can be immensely beneficial. You could discuss when (and for how long) it's OK to use phones, tablets, consoles and so on at home; what parental controls are for and why they're important; and why it's good to talk to each other about things we've seen or experienced online (both good and bad). Explaining your reasoning will help children to understand that, as trusted adults, we want to make sure they are well informed and kept safe. Allowing children to have their say when coming up with your family agreement also makes them far more likely to stick to it in the long term.

Meet Our Expert

Rebecca Jennings of NASOS (Sharing Awareness in Sex Education) has almost 20 years' experience in delivering relationships and sex education and training to schools, colleges and other education providers. A published author on the subject, she also works as a deputy head of education on the staff training team of the NASOS curriculum.

NOS National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

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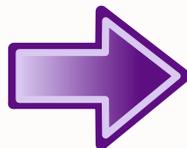
JOKE OF THE WEEK!

How do trees get on the internet?



They log in

Parent Workshop



Session Includes:

- App & Online Safety
- Gaming Safety
- Advice on using social media
- Q&A Session

Keep In The Know!

There has been an increase in the use of social media platforms such as Facebook, Tiktok etc. We are offering this workshop to our parents to help inform you of the online dangers and provide resources for a safer online experience and parental controls.

You're Invited

Parent Workshop
When: 14th February
Time: 9am
Where: Langdale KS2 Hall

