

6th February 2023

Come As You Are, Leave As A Champion

Mrs Cartwright's Message

well done!

CHAMPION

It has been lovely to see our parents attend the Time to Talk sessions this week. The purpose of the sessions have been to teach children how to deal with their emotions and to maintain good mental health through positive connections. The children gave such mature responses. We found out how simple children's needs are, they don't want expensive things, they want time, relaxation, rest, exercise, fresh air and hugs!

If you enjoyed the sessions and wish to attend our Internet safety workshops on 14th February at 9:00, you are all welcome.



Last Saturday in her latest football match, Abigail bossed the midfield in an outstanding performance. She scored a goal, defended well, went on some great dribbles and made some superb passes as her team Blurton Red Sapphires under 9s beat Brereton Social 4-1 to qualify for the quarter finals of the Staffordshire Girls League Cup with two group stage matches still to play.

She also had an extra fan at the match as the class 3B bear Super Mouse was there to watch the action.

Important Dates

- 13th & 15th Feb - Parents Evenings. Please be reminded that booking are done through Arbor now.
- 14th Feb- Valentine's Day - Themed Lunch - please book via Arbor
- 14th Feb- Parent Workshop for Safer Internet Day - 9:00am enter via the main reception
- 17th - Pancake's for tuck - this is open to Ks1 & Reception for this day only.
- Break up for half term
- 27th - inset day - no children in school
- 28th - All children return

Valentines Day Themed Lunch

Keep Calm & Curry On

Chicken Curry with Rice and Naan Bread

Can You Pasta Sauce Please?

Meatball Pasta Bake with
Garlic Bread (M)

Peas Be Mine

Peas or Sweetcorn

You're One In A Melon

Fresh Watermelon

Muffin Compares To You

Chocolate Chip Muffin

Attendance

97%

Above our school target of 96% - Well done - let's keep going. We can smash this target.

Attendance

We are noticing an increased number of children arriving to school late. Here are the children's start and finish times.

Nursery - 8:45am - 3:00pm
Reception - 8:45am - 3:10pm
KS1 - 8:55am - 3:15pm
KS2 - 8:50am - 3:20pm

If you are concerned about your child's attendance, please contact Jayne on 01782 948000 or jayne.allen@langdale.staffs.sch.uk

Things To Remember

- Term Time requests for holidays will be declined in line with the managing attendance guidance, unless exceptional circumstances can be agreed.



Langdale Primary



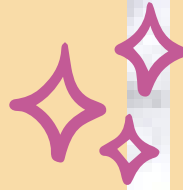
NEWSLETTER



Come As You Are, Leave As A Champion

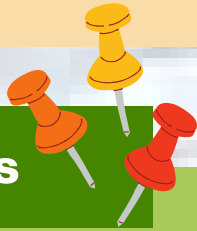


• We are working hard on using our manners and showing respectful behaviour around the school.



- Nuts
- Fizzy drinks or energy drinks
- Toys

Parking Problems



We have had several complaints from local residents regarding parking over people's driveways. Please do not do this - it reflects badly upon the school and does nothing to support our relationship with our local residents. Thank you to all of our parents who do park respectfully.

HELP!

If your child is concerned, worried, anxious or is having problems, in the first instance, it is important to contact your child's class teacher.



The class teacher has the opportunity to reassure, adjust or consider anything that may support your child to feel better. The office staff are competent in directing your queries/concerns accurately.

Langdale PTFA



Valentines



Cake sale

50p each

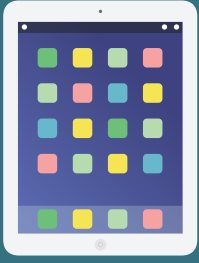
Cakes will be sold after school on the KS2 playground on Tuesday 14th Feb

Any cake donations would be greatly appreciated.

Any home bakes donated would need to include a list of all ingredients used and handed into reception on Mon 13th Feb. Please also name label your cake tins so we can get them back to you safely x

Thank you for supporting Langdale PTFA. All money raised will be used to support our children x

SAFEGUARDING UPDATE



Feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about

TIKTOK

AGE RESTRICTION 13+
(certain features are restricted to over-18s only)

TikTok is a free social media platform that lets users create, share and watch short videos ranging anywhere from 15 seconds to 10 minutes in duration. The app gained notoriety for its viral dances, trends and celebrity cameos and can be a creative, fun platform for teens to enjoy. Now available in 75 languages, it has more than a billion active users worldwide (as of spring 2022) and is most popular with the under-18 age bracket. In fact, a 2022 Ofcom report found TikTok to be the most-used social media platform for posting content, particularly among young people aged 12 to 17.

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

While TikTok's "Following" feed only displays videos from users someone follows, "For You" is a stream of clips based on their previously watched content. Most videos on a child's "For You" feed will therefore be light-hearted and amusing, but it could potentially surface something unsuitable. TikTok's guidelines prohibit sharing of illegal or inappropriate content, but the sheer volume of uploads mean they aren't manually monitored and vetted.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase emojis in the app. These emojis are then sent as rewards (retaining their monetary value) to other users for videos they've created. Coin bundles range from £3.99 to an eye-watering £98. TikTok's policy is that they can't be bought by under-18s, but it's possible to bypass this with a fake birthdate.

ADDICTIVE NATURE

Like all social networking platforms, TikTok can be addictive. Figures show that young people are investing increasing amounts of time in it. In the UK, children with TikTok spend an average of 102 minutes per day on the app, versus 63 minutes on YouTube. This compulsive repeated use can interfere with their sleep patterns – leading to irritability – and distract them from their activities.

TIKTOK NOW

Introduced in late 2022, the "TikTok Now" feature lets users post a daily video or photo at the exact same time as their friends. Users receive a synchronised notification at a random time of day, giving them three minutes to take a video or real-time photo. This feature can not only be a distraction to young people but could lead to them inadvertently sharing private content such as their location.

CONTACT WITH STRANGERS

With around 11 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by users (or youngsters using a false date of birth) are set to public by default. This not only means that someone's profile is visible to every one on the app, it also lets their videos be suggested to others and enables anyone to comment on them or download them.

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DANGEROUS CHALLENGES

Due to TikTok's immense popularity, some young people have unfortunately been influenced by videos challenging them to perform harmful, criminal or even deadly acts. One extreme example was the "Blackout" trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. It led to two families filing lawsuits against TikTok over the tragic deaths of their children.

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account with their child's and control their settings remotely. Parents can then, for example, turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen time limits, and manage their child's ability to send messages (and to whom). Children can't alter these settings without parental approval.

MAKE ACCOUNTS PRIVATE

Although under-18s will have their TikTok account set to private by default, bypassing this setting is relatively easy. However, parents have the ability to manually set their child's account to private – meaning that their videos won't be visible to strangers and they won't be able to exchange messages with people who aren't on their friends list.

LIMIT IN-APP SPENDING

If your child is using an iPhone or Android device to access TikTok, you can alter the settings to prevent them from making in-app purchases. We'd recommend that you enable this feature, as it's quite easy for a young person – without realising what they're doing – to spend a significant amount of real money buying TikTok coins so they can unlock more features of the app.

DISCUSS THE DANGERS

If your child wants to use TikTok and you're happy for them to do so, it's crucial to talk about the potential risks in this type of app. For example, ensure they understand not to share any identifying personal information – and that they realise they could be exposed to inappropriate content. Thinking critically about what they see on TikTok can help children become generally more social media savvy.

READ THE SIGNS

If you're concerned that your child might be spending too much time on TikTok or that they've been emotionally affected by something inappropriate or upsetting that they've seen, it's important to know how to spot the possible signs. Increased irritability and a lack of concentration are potential red flags, as are falling to complete homework or regularly not eating meals.

Advice for Parents & Carers

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid The Inquirer, Carly is now a freelance technology journalist, editor and consultant.

National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety



JOKE OF THE WEEK!

Why was the computer cold?



It left its Windows open!

Parent Workshop, just turn up



Session Includes:

- App & Online Safety
- Gaming Safety
- Advice on using social media
- Q&A Session

Keep In The Know!

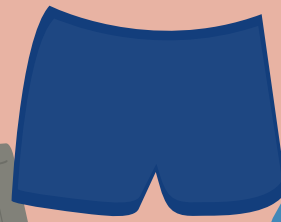
There has been an increase in the use of social media platforms such as Facebook, TikTok etc. We are offering this workshop to our parents to help inform you of the online dangers and provide resources for a safer online experience and parental controls.

You're Invited

Parent Workshop
When: 14th February
Time: 9am
Where: Langdale KS2 Hall



WE NEED YOU



Do you have any PE hoodies for our upcoming uniform shop?

We are taking donations of clean, quality uniforms. We

need:

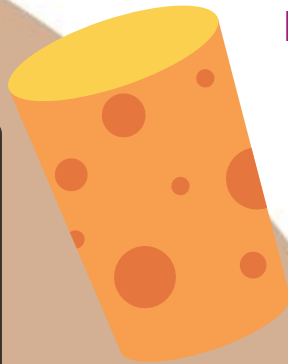
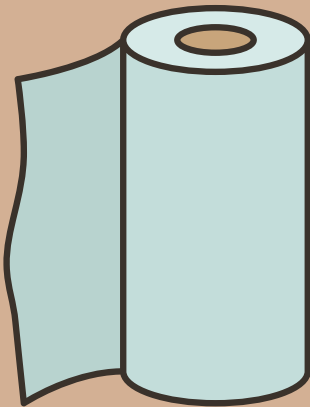
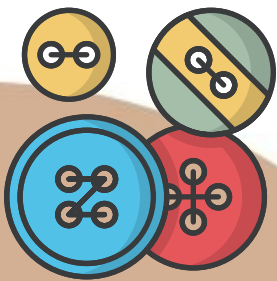
Skirts

Trousers

PE shorts

PE t shirts

Tights



Do you have any of the following items to support our curriculum resourcing?

Plastic milk bottle tops

Buttons

Shells

Corks

Kitchen roll tubes

Clean take away tubs

Egg boxes

