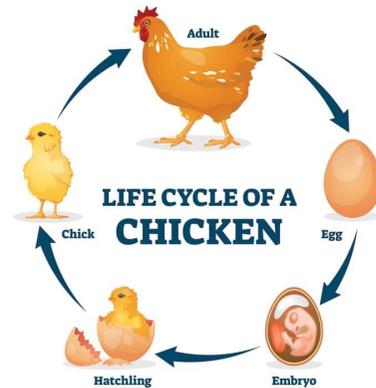


## Y2 Spr1 Science: Animals, including humans

Enquiry question: What do animals and humans need to become happy and healthy adults?

backbone	the column of small linked bones down the middle of your back
balanced diet	a variety of food that you regularly eat
bar chart	a chart which uses bars to represent the value of something and comparing it to a different group  bar chart
bones	the hard parts inside your body which form your skeleton
disease	an illness which affects people, animals, or plants
exercise	When you exercise, you move your body energetically in order to get fit and to remain healthy
farm	an area of land used to produce crops or to breed animals and livestock
healthy	well and not suffering from any illness
hygiene	keeping yourself and your surroundings clean, especially in order to prevent illness or the spread of diseases
life cycle	the series of changes that an animal or plant passes through from the beginning of its life until its death
medicine	the treatment of illness and injuries by doctors and nurses
muscles	something inside your body which connects two bones and which you use when you make a movement
offspring	a person's children or an animal's young
pet	a tame animal kept in a household
pictogram	a simple drawing that represents something  pictogram
skeleton	the framework of bones in your body
survive	continue to exist



### Significant individuals:

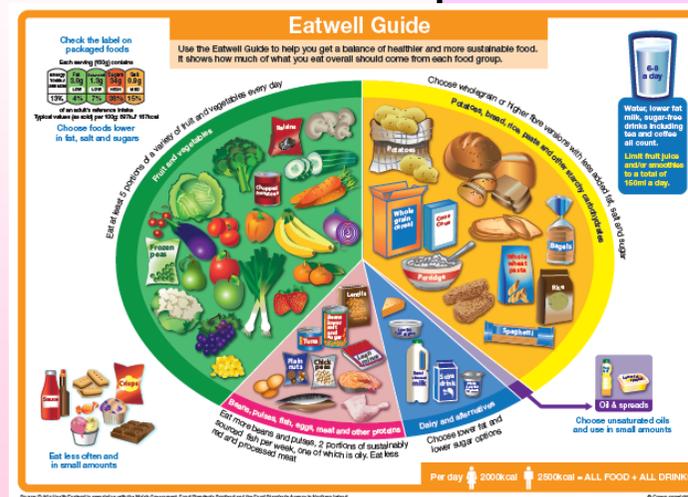
Fjalar Clemes—invented the healthy food pyramid  
Marcus Rashford—footballer and champion of healthy eating for children

Joe Wicks—King of exercise and helps us to keep our body healthy.

### Scientific enquiry questions:

What is a balanced diet and how do I eat healthily?

What do I need to do to look after my body?  
How do humans and some animals reproduce, grow and change as they get older?



A healthy eating plate—the Eatwell plate.